



A black silhouette of a person in a dynamic, athletic pose, possibly a dancer or performer, set against a solid red background. The figure is captured in a side profile, leaning forward with one leg bent and the other extended, creating a sense of movement and energy.

- # High Performance Program

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Spring Season

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- The diagram shows a baseball diamond, which is a square rotated 45 degrees. The vertices are labeled: 'P' at the top, 'C' at the bottom, 'F' on the left, and 'B' on the right. The center of the diamond is labeled 'H'. There are two concentric arcs centered at 'H'. The inner arc passes through the four vertices of the diamond. The outer arc is larger. At each vertex, there is an angle marked with an arc. At vertex 'P', the angle is labeled 'x'. At vertex 'C', the angle is labeled 'y'. At vertex 'F', the angle is labeled 'z'. At vertex 'B', the angle is labeled 'w'. The arcs are drawn such that they intersect the sides of the diamond.



FCLL Summer Ball (All-Stars)

- Late June - August 2025
- Evaluations-based program for competitive tournament-style baseball (Must be registered in Spring Season to be eligible)
- Team selection not based on High-Performance participation/selection

	All Players & Abilities	Evaluations Based (Except T- ball / Coach Pitch	Extra Fees Associated (Travel)	Designed for Minors/Majors aged players
Development Program				
High Performance*				
Spring Season				
Summer Ball				



TIMELINE

Development Program Registration

Registration begins - Baseball Ages
8-18 (Minors, Majors and Teenage)

1

OCTOBER
2024

DECEMBER
2024

2

Spring League Registration

Registration opens for Spring season for all
baseball ages (4-18)

Development Program Begins

Indoor sessions begin at FC Cavalry field

3

MARCH
2025

MARCH
2025

4

Evaluations for Spring Season

Held at Absolute Baseball Academy
Player evaluations for Minors, Majors and
Teenage divisions (Baseball Ages 8-18)

Beginning of Spring Season

Players in all age groups begin Spring
season - Play Ball!

5

LATE APRIL
2024

MAY
2025

6

High Performance Teams Begin

High Performance games begin for eligible
players: Baseball Ages 8-12 selected from
Development Program

Summer Ball (All-Stars) Evaluations

Evaluations for Minors, Majors (Baseball
Ages 8-12) Teams to be announced by
early June, 2025

7

MAY
2025

JUNE
2025

8

Spring Season & High Performance Program Ends

Summer Ball (All-Stars) Season Begins

9

LATE JUNE
2025

AUGUST
2025

10

Summer Ball (All-Stars) Season Ends