



2025 FCLL DEVELOPMENT APPAREL

SHORT SIZES

YOUTH BODY MEASUREMENTS						
SIZE	XXS	Xs	S	M	L	XL
	3T-4T	4-5	6-8	10-12	14-16	18-20
CHEST (Inches)	21-22	22-23	24-26	28-30	31-33	34-36
WAIST (Inches)	21-22	22-23	22-24	25-27	28-30	31-33
HIP (Inches)	22-23	23-24	25-27	28-30	31-33	34-36
Chest (Centimeters)	53-56	56-58	61-66	71-76	79-84	86-91
WAIST (Centimeters)	53-56	56-58	56-61	64-69	71-76	79-84
HIP (Centimeters)	56-58	58-61	64-69	71-76	79-84	86-91

ADULT BODY MEASUREMENTS										
SIZE	Xs	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST (Inches)	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64	66-68
WAIST (Inches)	24-26	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62
HIP (Inches)	29-31	33-35	37-39	41-43	45-47	49-51	53-55	57-59	61-63	
CHEST (Centimeters)	76-81	86-91	97-102	107-112	117-122	127-132	137-142	147-152	157-163	168-173
WAIST (Centimeters)	61-66	71-76	81-86	91-97	102-107	112-117	122-127	132-137	142-147	152-158
HIP (Centimeters)	74-79	84-89	94-99	104-109	114-119	124-130	135-140	145-150	155-160	

T-SHIRT SIZES

BOYS TOPS

INCHES

CENTIMETERS

HOW TO MEASURE

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

SIZE CHART

	Chest (in)	Waist (in)	Hip (in)	US sizes
YXS	25 - 26	23 - 24	26 - 27	7
YSM	26 - 27	24 - 25	27 - 28 1/2	8
YMD	27 - 29	25 - 27	28 1/2 - 31	10 - 12
YLG	29 - 31	27 - 28 1/2	31 - 32 1/2	14
YXL	31 - 32 1/2	28 1/2 - 30	32 1/2 - 34	16

Measurements are desired standards, some variability may occur.



T-SHIRT SIZES (cont'd)

MEN'S TOPS

INCHES

CENTIMETERS

HOW TO MEASURE

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right above your hips. Be careful not to squeeze too tight to allow a little give.

SIZE CHART

	Chest (in)	Waist (in)
XS	30-32	26.5-27.5
S	34-36	28-29
M	38-40	30-32
L	42-44	34-36
XL	46-48	38-40
XXL	50-52	42-44
3XL	52-54	44-46
4XL	54-56	46-48
5XL	56-58	48-50

Measurements are desired standards, some variability may occur.

