



COVID-19 Safety Guidelines on Field

2021 Summer Season

Coaches & Volunteers

- Monitor activities and ensure the COVID-19 Safety Guidelines are being followed as per current AHS guidelines.
- Regularly clean hands upon arrival and as needed.
- Demonstrate and encourage proper respiratory etiquette (e.g. coughing in elbow).
- Sanitize baseballs and common surfaces before and after each event. Sanitize any shared equipment (e.g. bats, helmets, catcher's gear) between each use. Balls that leave the diamond must be sanitized before brought back into play.
- Ensure players maintain physical distancing while not 'in play'. Dugouts and benches may only be used a staging area while maintaining distance.

Players

- Regularly clean hands upon arrival and as needed.
- Follow the direction of Coaches, Volunteers & Umpires.
- When not 'in play', maintain physical distancing of 2 meters with team members.
- No handshakes & high 5's - try air high five, fist bumps, & hat tips to keep the support & respect going!
- Don't share water bottles or personal items.
- Food (including chewing gum, tobacco, and sunflower seeds) is not permitted on the field or in the dugout, nor is spitting.
- Follow respiratory etiquette (e.g. coughing in elbow and using tissues for runny noses).

Parents & Spectators

- Parents/Guardians must acknowledge the COVID screening expectations for their child participating before each season.
- Only designated volunteers are allowed to enter participant-only spaces (i.e. areas of equipment storage, benches/dugouts and the extensions of them, bullpen, along the fences, infield and outfield, near foul lines).

What does 'in play' mean?

'In play' refers to batting, fielding, and base running as part of game play, whether as a drill or in a game.

- DO NOT PARTICIPATE or attend if you have COVID-19 symptoms, are feeling unwell, have been directed to self-isolate, or have been out of the country in the past 14 days and are not fully vaccinated.
- To participate as a player, volunteer, or ump, COVID-19 self-screening is required prior to each practice or game.
- All comments related to health and safety risks should be sent to the attention to the FCLL Safety Officer safety@fcll.ca

✓ **TO PARTICIPATE IN PRACTICES AND GAMES EACH MEMBER MUST INDICATE ON TEAM SNAP THAT THEY AGREE TO THE GUIDELINES AND REGULATIONS OUTLINED ABOVE. WE ARE ALL ACCOUNTABLE AND RESPONSIBLE TO KEEP ONE ANOTHER SAFE.**



Player & Volunteer Fit for Play COVID-19 Self-Screening

DO YOU KNOW, UNDERSTAND AND AGREE TO ALL FCLL COVID SAFETY PROTOCOLS?

IF YES, INDICATE SO ON TEAM SNAP AND USE THE SELF-SCREENING CHECKLIST BELOW BEFORE EVERY PRACTICE & GAME.

Individuals answering **YES** to any of the questions in the below will not be permitted to participate in FCLL programs.

Do you have any COVID-19 symptoms unrelated to prior conditions or unexplained:

Fever, chills, cough, shortness of breath, difficulty breathing, sore throat, loss of taste, loss of smell, nasal congestion, nasal drip, fatigue, nausea, vomiting, diarrhea, 'pink eye', loss of appetite, muscle/joint pain, or headache.

Applicable to those who are not fully vaccinated:

Have you been deemed as being in close contact with a presumptive, or confirmed case of COVID?

Close contact is determined as being within 2 meters for 15 minutes or more (with or without a face mask) of someone who has a presumptive or confirmed case of COVID, or someone who has been out of the country in the last 14 days.