





Little League Alberta District 8  
Pitcher Eligibility Tracking Form



DIVISION \_\_\_\_\_ TEAM \_\_\_\_\_

| Date of Game | Pitches Thrown | Pitcher's Name | Uniform Number | League Age | Official Pitch Counter Signature | Eligible to pitch again on (date) |
|--------------|----------------|----------------|----------------|------------|----------------------------------|-----------------------------------|
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**Days of Rest: League age 14 and under**

66 or more pitches in a day: 4 calendar days  
51-65 pitches in a day: 3 calendar days  
36-50 pitches in a day: 2 calendar days  
21-35 pitches in a day: 1 calendar day  
1-20 pitches in a day: 0 calendar days

Players throwing 41 or more pitches in  
a game cannot catch for the  
remainder of the DAY

JUNIOR ONLY: A player may pitch in  
two games in a day provided they  
threw 30 or fewer pitches in the first  
game

**Days of Rest: League age 15 and older**

76 or more pitches in a day: 4 calendar days  
61-75 pitches in a day: 3 calendar days  
46-60 pitches in a day: 2 calendar days  
31-45 pitches in a day: 1 calendar day  
1-30 pitches in a day: 0 calendar days

Any player who has played the position of catcher in (4) four or more innings in a game is not eligible to pitch that DAY  
(For the purpose of the rule above an inning constitutes receiving ONE pitch as a catcher)